VICK'S DOGS TRAVEL ROAD TO ADOPTION

WE FOLLOW THE PUPS SEVEN YEARS AFTER HIS ARREST. PAGE 28

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Tuesday, July 22, 2014 www.metro.us | t: MetroNewYork | f: MetroNewYork

Community. Drive Change teaches young New Yorkers released from jail and prison cooking and food-industry skills and pairs them with the Snowday food truck that frequents DUMBO and Governors Island. PAGE 02

Cooking up change

Frederick Coleman, left, along with Ajani, Darius and Bryan from the Snowday food truck take a quick break before the lunch rush on Governors Island. / MILES DIXON, METRO

Four books to get you through your 20s and 30s

PAGE 21

La-di-da! Diane Keaton teases Michael Douglas

PAGES 22-23

Road trip! Go back in time while traveling Virginia

PAGE 24

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1 NEWS

Today's tweet

"Does anyone outside of the New York city limits care that Remy Ma is about to get out?"

@AceBoogie4StarZ

Top 3

What's trending online at Metro.us

1 'Benedict Cumberbatch! New movie! Watch the trailer here!'

2 'DeSean Jackson was hanging out with Kylie, Kendall Jenner'

3 'VIDEO: Guilty dog apologizes by bringing toys to crying baby'

New York City

City settles Rikers death lawsuit for $2.75 million

New York City agreed to pay $2.75 million to settle a lawsuit filed by the family of an inmate who claimed guards beat him to death.

A spokesman for the city's law department on Monday confirmed the settlement with the estate of Ronald Spear, 52, who died in December 2012 at the city's Rikers Island jail.

In a lawsuit filed last year, Spear's father claimed his son was assaulted for complaining that his medical care at the jail was inadequate. **REUTERS**

Rikers Island / GETTY IMAGES

Queens

Cops: Toddler in stroller rolls onto subway tracks

A 2-year-old girl in a stroller rolled onto the tracks of a Queens subway on Monday, police said.

The girl, strapped into the stroller, fell onto the southbound E train tracks at Jamaica Center around 11:15 a.m. when her mother walked away from the carriage to throw something away, the NYPD said.

The child's mother, 39, jumped down to get her daughter and MTA workers helped them back onto the platform, police said. **ANNA SANDERS**

Change is on menu for NYC food truck

Governors Island. Program pairs former convicts and homeless with food truck craze.

Large windows on the shell of a former Con Edison truck frame reveals four young men at work.

The mobile machine sits with other food trucks on Governors Island while the workers get ready for the lunch rush. A sign on panels around the truck reads "Drive Change."

Tagged as a social enterprise that "turns red lights green" for young New Yorkers released from jail and prison with few opportunities, Drive Change's founder, Jordyn Lexton, wants to make sure they live up to their potential.

Drive Change spawned from the three years Lexton spent teaching on Rikers Island. The revolving door of homelessness and unemployment brought about by felony convictions kept sending students back into the system, she said.

"It has to do with the system as a whole, but particularly with the issue that they're leaving with felony convictions," she added. New York state is one of two states where 16- and 17-year-olds can be prosecuted as adults.

Eventually, Lexton left Rikers with a business idea that could help give troubled young men and women a second shot.

She bridged the popularity of culinary arts programs in jails and retraining programs with the food truck craze. Eventually, she joined forces with entrepreneur Annie Bickerton and chef Roy Waterman to roll out Drive Change's first truck: Snowday. They hope to add a second next year.

Visiting from Washington, D.C., Joanna Fisher, 27, took a bite of her Snowday sandwich before jumping on the ferry back to Manhattan.

"Really tasty," she said, heading toward the pier.

A man gets ready to place an order at the Snowday food truck. / MILES DIXON, METRO

Quoted

"You've paid your debt. Now you've got to come out, and people look at you like you're less than a person or that you didn't improve yourself." Coleman

Visit **Metro.us** to read the full story about the Drive Change program.

Trying to make it

Paid debts

Frederick Coleman, 28, has spent plenty of time behind Snowday's grill over the last four months. A high school dropout, Coleman said he began selling drugs at 17 and made money across the country before his mother and siblings brought him back. But after years of unemployment, he found himself at a crossroads.

"Lets say you're 23, 24, and you did something when you're 16," Coleman said. "You've paid your debt. Now you've got to come out, and people look at you like you're less than a person or that you didn't improve yourself."

CHESTER SORIA
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De Blasio invites Pope to visit city

Mayor Bill de Blasio preached for Pope Francis to visit New York City at the Vatican on Monday.

While the pope was too busy for a sit-down, the mayor met with Cardinal Pietro Parolin, the Vatican secretary of state and a top deputy to the Catholic leader, during his vacation in Italy.

"We understand no one has a more difficult schedule in the world than the pope and nothing definitive was decided in the meeting, but Cardinal Parolin was very open to the request," de Blasio said.

New York's Cardinal Timothy Dolan and the mayor have been working in the last few months for a papal visit, but they're not alone. The mayor and Parolin also discussed immigration during the meeting, including the city's new municipal identification cards for undocumented New Yorkers, as well as the influx of children coming to the United States from Central America. **ANNA SANDERS**

Pope Francis / GETTY IMAGES

Come for a visit

"For the mayor to come specifically to invite the Holy Father to New York City, that was important."

Ken Hackett, U.S. ambassador

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Newest java joint in bastion of hipness is a Starbucks outpost

Williamsburg. Does coffee chain place final nail in hip hood's coffin?

The gritty Wiliamsburg of the 1990s has gone through several iterations over the last two decades as it transformed from cheap digs for artists to a hotbed of high-rise luxury condos. As the neighborhood developed, so has its coffee palate, with such well-known java joints as Blue Bottle Coffee, Gimme! Coffee, Cafe Grumpy and many others.

Little may represent the change the neighborhood is undergoing right now as well as the arrival of the first Starbucks. The chain, which is ubiquitous in Manhattan, opened a Williamsburg store at the corner of Ainslie Street and Union Avenue on Monday.

Starbucks in Williamsburg
SAMAR KHURSHID

Metro went to talk with locals to gauge their reaction to the invasion of the Seattle behemoth.

"It's horrible that Starbucks has opened here," said Thomas Valls, 23, television writer. "This area has been built on independent eateries and cafes. And people will be loyal to those establishments. But the convenience of Starbucks will start to attract people."

SAMAR KHURSHID
@MetroNewYork
letters@metro.us

There goes the hood

"This neighborhood is distinctive because there are lots of independent coffee shops with their own identity. They can compete with each other because each has its own thing."
Will O'Hare, 35, director

"People around here are loyal to small businesses, but the neighborhood is starting to change. I think Starbucks will struggle to stay in business here."
Kathleen Byrne, 34, barista at Oslo Coffee Roasters

BILLY BECERRA, METRO

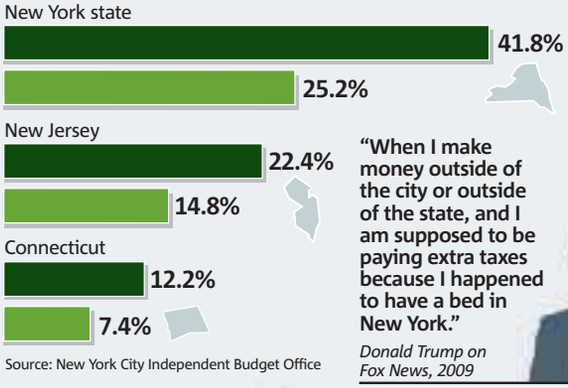
The rich are staying put

A new report shows that despite grousing about high taxes, the wealthy aren't leaving New York City in any meaningful numbers. Metro reveals the top destinations for those who do leave.

Top 5 relocation destinations:

21.1%	13.3%	10.3%	8.0%	6.4%
Other parts of New York state	New Jersey	Florida	California	Pennsylvania

Destinations of mover with household income greater than $500,000 per year:



Source: New York City Independent Budget Office

"When I make money outside of the city or outside of the state, and I am supposed to be paying extra taxes because I happened to have a bed in New York."
Donald Trump on Fox News, 2009

"Whether you think it's right or not, the wealthy are mobile."
Michael Bloomberg on the John Gambling radio show, Oct. 2012

"I want you to know that I can't wait to get out of here. I really can't."
Sean Hannity, on FOX News, Jan. 2014

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Triplet otter pups born at the Zoo

Three male North American river otters made their debut at the Prospect Park Zoo in Brooklyn. The triplet otter pups were born on Feb. 25. "These three new Brooklynites provide an opportunity for us to educate people about the importance of keeping local waters and ecosystems in good health," Prospect Park Zoo director Denise McClean said. JULIE MAHER LARSEN, WILDLIFE CONSERVATION SOCIETY

New York

Regulators seek Indian Point shutdown

New York state environmental regulators are proposing shutting the Indian Point nuclear power plant to protect fish in the Hudson River during summer months, when demand for electricity is greatest.

The plant, located 40 miles north of Manhattan, provides a quarter of the power used in the New York City area. REUTERS

Indian Point / GETTY IMAGES

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VP Biden says Putin has no soul

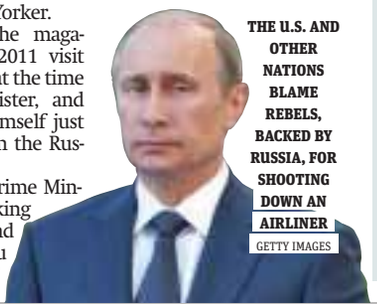
New York. Biden's comments were published online by the New Yorker.

Vladimir Putin has no soul, U.S. Vice President Joe Biden concluded after meeting with the Russian leader at the Kremlin in 2011, according to an article in the New Yorker.

Biden told the magazine about his 2011 visit with Putin, who at the time was prime minister, and said he found himself just inches away from the Russian leader.

"I said, 'Mr. Prime Minister, I'm looking into your eyes, and I don't think you have a soul,'" Biden told the magazine. "He looked back at me, and he smiled, and he said, 'We understand one another.'"

Biden's assessment is in stark contrast to that of former U.S. President George W. Bush, who famously said after his first meeting with Putin in 2001: "I looked the man in the eye. ... I was able to get a sense of his soul." **REUTERS**



THE U.S. AND OTHER NATIONS BLAME REBELS, BACKED BY RUSSIA, FOR SHOOTING DOWN AN AIRLINER GETTY IMAGES

Ukraine crisis

A PRO-RUSSIA REBEL GUARDS A CHECKPOINT. /GETTY IMAGES

Obama urges Russia to act

Speaking from the White House on Monday, President Barack Obama said Russia must take action to resolve the crisis in Ukraine.

"Now's the time for President Putin and Russia to pivot away from the strategy that they've been taking and get serious about trying to resolve hostilities within Ukraine," he said.

Putin and Russia have a direct responsibility to compel separatists to cooperate with the MH17 investigation, and the burden is now on Moscow to insist that separatists stop tampering with the investigation, he said. **REUTERS**

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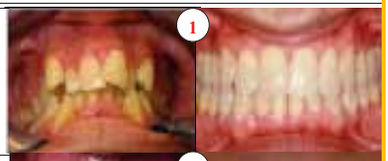

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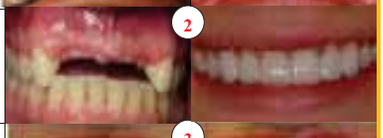

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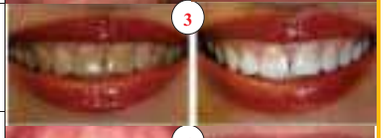

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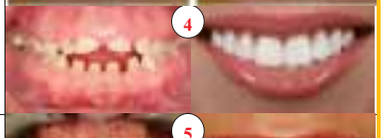

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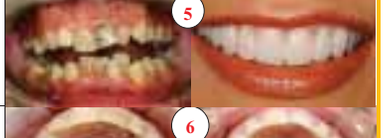

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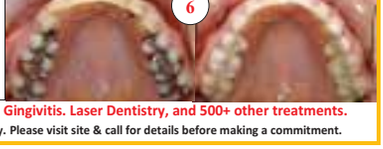

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Gaza strike

Two soldiers killed fighting for Israel were US citizens

Two American men were among the 13 Israeli soldiers killed in the conflict in Gaza on Sunday, the U.S. State Department said, the bloodiest day of the conflict, in which about 100 Palestinians were also killed. The two were:

1 **Max Steinberg**, a native of California's San Fernando Valley, was a sniper in the Golani Brigade of the Israel Defense Forces, according to a letter sent by the Jewish Federation of Greater Los Angeles to its email list.

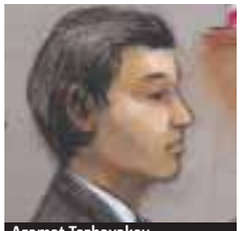
2 **Nissim Sean Carmeli**, of South Padre Island in Texas, was also fighting in the Golani Brigade, the Houston Chronicle reported. REUTERS

Boston bombing. Suspect's pal guilty of obstruction of justice

A jury on Monday returned a guilty verdict on two of the four counts in the obstruction of justice trial of Azamat Tazhayakov, a friend of accused Boston Marathon bomber Dzhokhar Tsarnaev.

Tazhayakov, a Kazakh exchange student, was the first of three of Tsarnaev's friends to be charged with interfering in the investigation into the April 15, 2013 attack that killed three people and injured 264.

Prosecutors charged the men with removing a laptop computer and backpack containing empty fireworks shells from Tsarnaev's college dorm room three days after the attack.


Azamat Tazhayakov
JANE FLAVELL COLLINS

Tazhayakov was convicted of two charges related to the removal of the backpack, but was found not guilty on two charges related to the laptop.

He showed little emotion when the verdict was read, however his mother wept loudly in the courtroom.

He faces up to 25 years in prison. Sentencing is scheduled for Oct. 16. MORGAN ROUSSEAU

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OMG! Lose your app-etite for using phones at the dinner table

Be careful when passing the pepper. / METRO WORLD NEWS

Visit us online at **Metro.us/omg** for more interviews.

Snubbing someone by checking your smartphone while dining is not a palatable sight — but this gave one designer some food for thought in creating a wearable table for two that encourages concentration and conversation. Michael Jan, a design student at Tunghai University in Taiwan, has invented a napkin-picnic blanket hybrid called the Napkin Table, where each diner attaches one end of the table to themselves. Jan explains the concept to Metro.

Everyone's dined with someone who was more interested in their phone, so was this the inspiration of your table?
Yes, I found out if two napkins could be connected and used as a table, then it would be a natural block against people using their smartphone during mealtimes. Both diners have to work together to make sure the table is steady enough to eat from.

What's it like to eat from the Napkin Table?
It's very convenient: All you need is two seats, and already you have a table. It only weighs 700 grams, so it's not really a burden on anyone's neck — but that depends on what kind of food you eat, I suppose. I've tried many different things with my classmates: French fries, sandwiches, spaghetti.

Spaghetti? Sounds messy.
It definitely is. Remember that every movement affects the table's integrity. One time when I was having a spaghetti lunch with my friend, I was about to take a bite of the pasta, when she deliberately leaned back on her chair. You can imagine what happened next. EDWARD THOMPSON, METRO WORLD NEWS

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Timothy Sykes is a millionaire stock trader and entrepreneur.

3 Ways to prove your career expertise

I've made millions trading stocks, but have made millions more by teaching others how to trade stocks. It's a beautiful thing to pass down your expertise, but in today's cluttered world, how can you prove yourself and gain influence? Here are three tips for proving your expertise:

Saying 'I Don't Know'

Don't do it. Most people are confused about one thing or another and they want someone with definitive answers. I don't want you to lie about knowing something when you truly don't know, but if you want to be taken seriously and have clout, simply point the confused person in the direction of what you actually do know.

Nobody knows everything, but most of us are experts at certain topics so it's your job to show that. Make sure others know about your experience and knowledge by shifting every situation and every conversation to what you know and what suits you best.

Social proof

Just because you think you're great and talented at something does not mean anyone else will — you have to prove it in a very public fashion. Thanks to the Internet, everyone — no matter his or her background, education or net worth — has the ability to prove himself using social media tools such as Twitter, Facebook, blogs, chat rooms and online forums.

If you want credibility, don't be afraid to speak your mind, and remember to do it convincingly and spread it as much as you can to anyone you think will listen.

On the Internet, there are many people who claim to be stock-market geniuses. I've differentiated myself by verifying my track record and earnings and continually making enough calls that people know my success is not just in the past.

Testimonials

The value of your expertise is only as good as what others say about their experience working with you. Thanks to websites such as Yelp, TripAdvisor and Investimonials (a financial product-review website that I own), people and businesses are graded publicly by customers like never before. If you are going to claim your product, service or expertise is useful and worthwhile, you better be able to back it up!

I work hard to provide a quality product, so I encourage customer testimonials. Even constructive criticism helps you mold your expertise into something more useful.

Up: *Facebook is testing a "buy" button to compete against Amazon, making it even easier to buy everything you want.*

Down: *War in the Middle East is not good —no matter who is at fault, violence never solves anything and this conflict hurts us all.*

For exclusive commentary, visit **Metro.us/blogs.**

What we're into this week

1 *My new Mophie mobile phone charger now has memory built into it so I can store more videos and photos — great improvement!*

2 *Rory McIlroy and ex Caroline Wozniacki both won their tournaments over the weekend — perhaps they're more focused now that they're single.*

3 *I saw the new "Planet of the Apes" movie and was impressed by how real it seemed and how well done the movie is.*

theory

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Closing the digital gap

Higher education. Many students say they are trying to learn technological skills on their own.

In today's corporate world, strong digital skills are becoming more essential, and college students are increasingly aware of the need to beef up their digital game.

A new study by Internships.com and tech and business school General Assembly found that today's students are eager to develop their digital and technical skills regardless of their majors.

But there's a large gap between the students' desire to learn these skills and the educational resources available to them.

Three out of four of the students surveyed said they wished their schools would help them more with "real world" internships. Over half said that colleges and universities should require more courses that focus on the development of technical skills.

Many millennials say they aren't waiting for their schools to catch up to the 21st century, with the majority — 63 percent — saying that they're developing these skills on their own through supplementary classes and online course work.

It should be noted that General Assembly, the study's co-sponsor, offers both online and offline courses on topics such as design and Web development. Courses include "Introduction to Machine Learning" and "Introduction to Data Exploration."

"With technology and digital media driving much of today's fast-changing economy, there's a strong demand for people with technical skills and a practical understanding of business," General Assembly co-founder Jake Schwartz said in a press release.

LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us

By the numbers

1 in 4

The number of employers who say recent grads are unprepared for entry-level work

Quoted

"With technology and digital media driving much of today's fast-changing economy, there's a strong demand for people with technical skills and a practical understanding of business." Schwartz

Most students say colleges need better digital and technical class options. / FUSE

Are you prepared?

44%
Percentage of students who feel like their college or university prepared them well when it comes to digital or technical skills

93%
Percentage of students and recent graduates who think universities should incorporate more career-oriented curriculum

79%
Percentage of employers who consider nontraditional credentials (certifications, open courseware, digital badges) when evaluating

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Small class sizes, a professional faculty, and excellent Career Services help students graduate with the skills to succeed. Each program includes an internship in the last term of study so students are better prepared and graduate with real world experience in their chosen field. Many NYCI graduates are hired by their internship sites. Graduates also utilize the internship to network, gain valuable work experience and launch their professional careers.

The college is conveniently located at 11 Park Place, between Broadway and Church in downtown Manhattan and easily accessible by all public transportation.

Applications are now being accepted and Registration for the Fall term is in progress. Fall term begins September 9th. Contact the Office of Admissions at 212 962-0002 to schedule a visit. Or reserve a space at the next Open House scheduled for Wednesday, **July 30th**...11 am or 5:30 pm. There is also an Open House on Saturday, **August 9th** at 11 am. For more information or to reserve your space, call the NYCI Office of Admissions at 212 962-0002 or visit www.nyci.edu.

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MONROE COLLEGE – CHANGING LIVES.

In a crowded academic hallway, in a century-old college building on Jerome Avenue in the Bronx, you get the palpable sense that the students in that energy-filled corridor are not just heading for their next class, but are, in fact, heading for successful careers and rewarding lives. This is 81 year-old Monroe College, which during the last decade has become widely recognized as a leader in urban and international education. And the students here have won recognition for the unique preparation and skills that they bring to the job market after their graduation.

There are now nearly 7500 undergraduate and graduate level college students at Monroe, from 23 states and 75 countries. The larger of the two Monroe College campuses extends for blocks around the vibrant intersection of Jerome and Fordham Avenues in the Bronx. Twelve miles to the north, the second, newer residential campus occupies a dozen buildings and dorms in revitalized downtown New Rochelle.

The environment at Monroe College is a perfect reflection of the solid communities in which it is located – hard-working, diverse and inclusive. In this era of increasing concern about the return on investment of a college education, Monroe College delivers real value. Monroe is the Most Affordable Ranked Private College in New York State according to U.S. News and World Report. In addition, last year over 12 million dollars in scholarships and grants were provided to students. And Monroe College students succeed at their education. Over 14,000 students have earned degrees from Monroe College over the last 5 years. Monroe students' six-year graduation rate is over double the predicted rate and graduation rates at other colleges in the same geography. That's an indication that Monroe, as an urban college, has a unique affinity with its incoming student population, recognizes their academic and social needs and provides support services from day one. A freshman at Monroe is often the first in his or her family to attend college, or perhaps, is a young adult with a job and a family, or a veteran. The people at Monroe are there for those students, all students, from admission through graduation.

The education philosophy at Monroe College is real world and success-oriented. And the results speak for themselves. U.S. News ranked Monroe's online bachelor's degree program 3rd best in New York State. The School of Criminal Justice is now the 2nd largest in N.Y. State. The Mock-Trial and Debate team won a national competition in 2012. Monroe Culinary students have won over 500 competition medals in 5 years, more than any other culinary institute. The college offers one of the few Early Childhood Education programs to focus on high needs schools. The business oriented Enactus Team (formerly SIFE) has won 9 regional and 1 national championship. And nearly 75% of Monroe students complete an internship or have job experience at the time of graduation.

Monroe athletes have won regional and/or national NJCAA titles in men's and women's basketball, baseball, softball and soccer. The men's 4x100 meter relay team won the prestigious Penn Relays in 2013.

It is a culture of achievement and excellence. Little wonder that over 100 employers recruit regularly on the Monroe campuses, and that dozens of small businesses have been started by entrepreneurial graduates of the School of Business.

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Long Island Business Institute, founded 1968, with campuses located in Flushing Queens and Commack, Long Island, is pleased to announce the establishment of a downtown Manhattan Extension Site, located at 408 Broadway, just south of Canal Street.

Offering Associates degrees and certificate programs and serving a community of over 1000 students, LIBI offers programs including Homeland Security and Security Management, Court Reporting, Elder Care, Digital Marketing, Hospitality Management, Office Management, Accounting, Business Management and ESL. Students have the opportunity to transfer to four-year colleges in the New York City area and the Northeastern region, as a result of LIBI's formal agreements with multiple notable colleges and universities. Students will have access to the convenient Tribeca location as well as both the Queens and Long Island Campuses.

President Monica Foote of LIBI, who spearheaded the establishment of LIBI's first Manhattan location, notes "the launch of an LIBI site in Tribeca, a crossroads of the financial and cultural heart of New York City, is the logical next step in the evolution of LIBI, which has focused on providing cutting-edge and in-demand career education". College chairman Leon Lee states "the competitive programs we have offered at LIBI for over four decades are aimed at an underserved population, the career-minded student, and tailored to the needs of the New York City business and legal community, homeland security, and the growing elderly population. As we are closely aligned with these communities, we know that now is the appropriate time to establish a presence in Manhattan." LIBI is entering the New York City financial district, filling a much-needed vacancy in quality post-secondary career education.

The mission of LIBI has been to provide affordable, high quality post-secondary education, which is especially needed in the current environment. Professors are typically practitioners, with extensive experience in their fields, a factor which LIBI's administration feels differentiates the value of an LIBI education from a job placement standpoint. The emphasis on the transferability of an LIBI education either directly to the business world or to areas of further post-secondary education is a further differentiator: student choice at the end of his or her LIBI education is a major factor in students choosing to enter LIBI. The convenience of a downtown Manhattan location will be another strong draw and a further benefit to students.

LIBI offers generous scholarships and financial aid to students who qualify. In addition, LIBI offers membership to qualified students in the Alpha Beta Kappa National Honors Society. LIBI is accredited by the Accrediting Council for Independent Colleges and Schools (ACICS), one of the oldest and largest national accrediting bodies in the United States.

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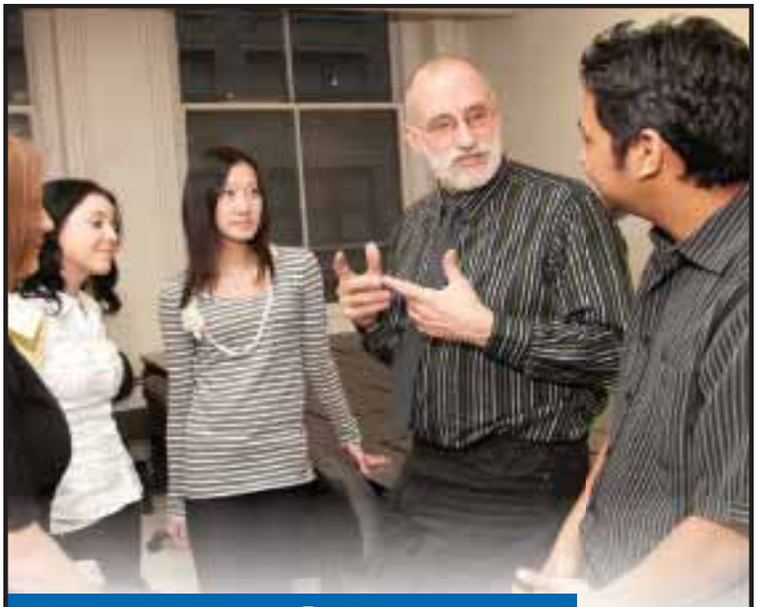

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2 CULTURE

Jolie's next-next film will star her and Pitt

Angelina Jolie's second film as a director, "Unbroken," is slated for Oscar season this year. But that's far away, so let's all talk about her third film as a director instead even though it doesn't yet exist. Jolie will direct herself in a romantic drama called "By the Sea" from a script that she wrote. Seems a bit selfish, honestly. And I don't want to suggest that nepotism is in play here or anything, but she cast Brad Pitt as her co-star. It'll be the first time they've acted together since "Mr. & Mrs. Smith," and it will clear the path for plenty of jokes about Pitt liking Jolie ordering him around. So we all win.

Should all things work out, Jolie will soon be directing her partner, right. / ALL PHOTOS GETTY IMAGES.

Sorry, people into Adam Levine, but he's taken

Adam Levine is off the market. The Maroon 5 singer and "Voice" judge and model Behati Prinsloo tied the knot in an "informal and lovely" ceremony in Cabo San Lucas over the weekend, according to E! News. In lieu of gifts, the couple reportedly asked their 100 or so guests to make donations to the Children's Hospital of Los Angeles. The ceremony itself was officiated by Jonah Hill. "Jonah was hysterical. He was telling so many jokes, but then in the middle would be so sweet and sincere," a source says. "He also talked about how sweet Behati is and how perfect they are for one another."

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.lu

Finally! Selena Gomez weighs in on the situation in Gaza

Selena Gomez learned the hard way that her diehard fans won't necessarily stand by her when she strays into politics and current events. The singer and former Disney star posted an Instagram image reading, "Pray for Gaza," tenderly dipping her toe into the arena of Isreal-Palestine conflict debate. Easy there, Gomez. The response from her followers was swift, picking fights with Gomez and each other and threatening to unfollow her. In response to the backlash, Gomez posted another Instagram photo — apparently her preferred method of communication — this time of some stock photo of a meditating woman with the caption, "And of course to be clear, I am not picking any sides. I am praying for peace and humanity for all!"

Gomez prays for Gaza, but also everyone.

Talking point

Two kids enough for Simpson

Newlywed Jessica Simpson posted a slew of Instagram photos from her honeymoon, including a pic cradling the infant son of pal Kathryn Sykora

along with the caption, "I love you Jack, but I do not want another!" Simpson, who wed Eric Johnson in a lavish, $1.4 million Santa Barbara ceremony earlier this month, is already a mother to tykes Maxwell, 2, and Ace, 1.

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"It's a wonderful feeling to be able to run with my son." – *A. Davis*

Books to get you through any crisis

Jobs, apartments, romantic partners and friendships rarely stay the same in your 20s and 30s. It's exhausting. To help ease the stress, we rounded up four books to help you endure whatever transition you're currently going through. **EMILY LAURENCE**

Put down your drink and pick up one of these books. / BANANASTOCK

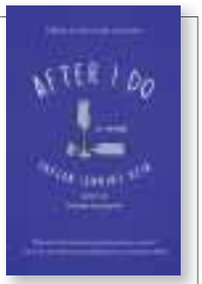
For the quarter-life crisis

'The 20-Something Guide to Getting It Together'

by Mary Traina

If you find yourself relating a little bit too much to "Girls" or you feel like every area of your life is a mess, pick up this book. It will help you get more in control by helping you figure out who to date, how to move up in your career, get out of debt and weed out bad friends. Mary Traina, who is a blogger for HelloGiggles, addresses all of these topics using tons of pop-culture references and sample scenarios that are actually relatable.

For the marriage crisis



'After I Do'

by Taylor Jenkins Reid

Heading to the Self-Help section looking for a book to save your marriage is just sad, so find the answers by reading Taylor Jenkins Reid's smart new novel, "After I Do," instead. In this book, a couple realizes that they aren't happy being married to each other anymore, so they decide to take a year off from their marriage — without having any contact at all with the other person — to see what happens. If you find yourself hating the person you're currently sleeping next to, this book allows you to imagine what it would be like spending a year away from your spouse, which in turn may help you decide what to do.

For the new parent crisis

'The Kids Will Be Fine: Guilt-Free Motherhood for Thoroughly Modern Women'

by Daisy Waugh

When you first become a parent, everyone wants to give you advice. New moms and dads are inundated with information about the dangers of screen time, how long you should breast feed and more endless unsolicited opinions. Daisy Waugh's new book will make you feel a lot better. She did her fair share of research and found out that it's pretty hard to scar a kid for life. It's nice to get advice that actually won't scare you.

For the friendship crisis

'Nantucket Sisters'

by Nancy Thayer

Sometimes it helps to get lost in someone else's friendship drama to get perspective on your own BFF battle. In this new novel, which is the very definition of a "beach read," two childhood best friends find themselves on the brink of a fallout. As kids, they spent every summer together in Nantucket, but they grew apart as they grew up. Maggie is focused on her career, but wonders if she'll ever find love. Piper worries she'll never be anything more than a trophy wife. Their complicated friendship may help you navigate your own complex relationships.

still time to get skinny

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- Send one **post card only** via U.S. Postal Service regular mail. All cards must be mailed. Do not phone or come in person. No forms or information will be available. **(Do not deliver cards in person.)** Registered Mail and Certified Mail will not be accepted. Letters will not be opened.
- Postcards must be received by **Friday, August 8, 2014** to be included in the lottery.
- There will be a limit of 300 applicants for the studios, 600 applicants for the one-bedrooms, and 300 applicants for the two-bedrooms, drawn from a lottery supervised by the City of New York. Position on the waiting list will be determined by the lottery.
- Only applicants whose postcards are drawn in the lottery will be notified. They will be mailed a numbered application, which must be completed and returned with a $200 fee, $50 of which is non-refundable, and $150 of which will be applied to the first month's carrying charge. **Send no money now**.

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Just like Annie Hall

DIANE KEATON PLAYS A WIDOWED LOUNGE SINGER IN "AND SO IT GOES."
WIREIMAGE

Legend. "And So It Goes" star Diane Keaton is the same in real life as she is in the movies.

Diane Keaton is exactly what you'd expect. Talking to her is like talking to Annie Hall. Woody Allen based the character on Keaton — she went on to win an Oscar for the role — and in real life, the actress is as giggly and nervous, spouting off words with only the slightest anxiety about what they are. She does the same thing in "And So It Goes," the new film where she and Michael Douglas play a widow and widower who find autumnal love.

As she's done in movies before, she sings— but not well, she says:

"I had insane fantasies about me singing. But they quickly fell apart when I started. I have a little tiny voice and not much there. I wish I had a big voice. Can you imagine singing if you could sing like Beyonce? That sound coming out of your head? What does it feel like?"

On not knowing Douglas or director Rob Reiner till now:

"You have this sense

Still learning

How she's gotten better over the years:

"In the beginning, it was harder for me to be in a serious drama because of the language. When you hear Judi Dench or Helen Mirren or Meryl Streep, they have great verbal facility. I come from a place of less language. It was harder for me to do straight, serious roles because I wasn't comfortable with the words. I think I've gotten better at that. I don't think I have a better grasp of any other skill. I really don't. I'm still learning. [Well,] not really."

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Diane Keaton finally shares a movie with Michael Douglas in "And So It Goes." / CLAY ENOS, CLARIUS ENTERTAINMENT

there's a community out there [in L.A.], but there really isn't. Maybe in New York there is — maybe the theatrical world is more unified. But in California, it's very isolated. There are tiny pockets, but basically no. I met [Douglas] once, I think. Once you meet him, hello. Then I met him when he was going to win that big award that he won. What was it? The AFI. And he was telling me he was going to win the AFI award. That's all I know about him. I don't know anybody."

On working with Douglas:

"He loves to be teased. He loves to be tortured. I just told him he was a big jerk all the time. He loved it. He ate it up. I knew I could get the scenes going by me torturing him. And he's better than me. You want to know who you're working with on a movie, because I like to play things with spontaneity. If I want to grab somebody, I want to be able to do it. Some people don't like that."

They said it

Michael Douglas on Keaton:

"What you see with her is what you get. She says, 'I'm not an actress. I'm a person.' Every scene would start with her arriving on set with earplugs in. She's listening to music, not hearing anything. When they say action, she pulls out the earphones and here you go. It was unpredictable. It makes you lean in, to see what she's going to do, what she's going to say."

Rob Reiner on Keaton:

"She's the same as she is on camera. There's no difference."

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Old is new and that's the charm

Blue Ridge Valley. Get behind the wheel for the best way to see lively, lovely Virginia.

The United States is very big; individual states are larger than many European nations. And because of its sheer size, many American small towns have remained just that. Which is not to say they haven't kept up — all along Virginia's Blue Ridge Valley there's culture and food that's of the moment amid places that have been around long enough to be authentically nostalgic.

Driving is the best way to experience them so you never miss a beloved local restaurant, a quirky roadside attraction or a scenic detour.

On the road

More than 1,000 animals from six continents will greet you during your drive through **Virginia Safari Park**. For more goofy photo ops, swing by **Foamhenge**, which is exactly what it sounds like.

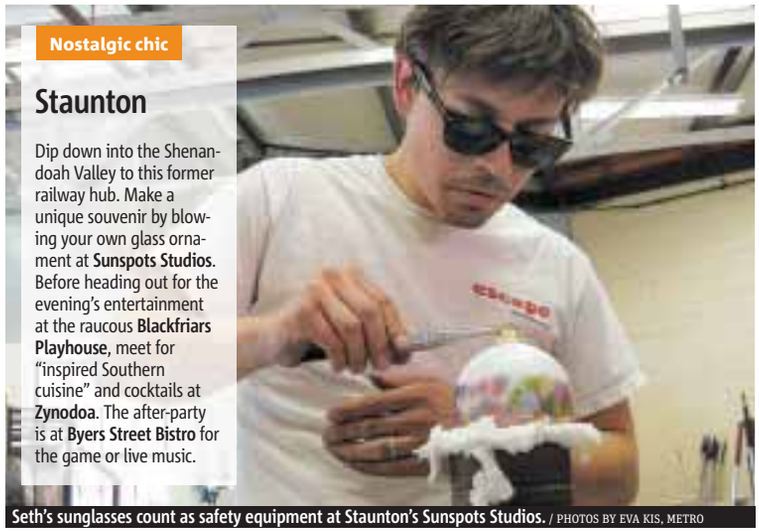
Lexington

This is a town that doesn't wait until you show up on its doorstep to serve up hospitality.

Nostalgic chic

Staunton

Dip down into the Shenandoah Valley to this former railway hub. Make a unique souvenir by blowing your own glass ornament at **Sunspots Studios**. Before heading out for the evening's entertainment at the raucous **Blackfriars Playhouse**, meet for "inspired Southern cuisine" and cocktails at **Zynodoa**. The after-party is at **Byers Street Bistro** for the game or live music.



Seth's sunglasses count as safety equipment at Staunton's Sunspots Studios. / PHOTOS BY EVA KIS, METRO

The Southern Inn Restaurant saw a beautiful day as a chance to bring its fried-chicken picnic outdoors. The picturesque **Virginia Military Institute**'s mint-green buildings are set off by red brick everywhere else, and its uniformed cadets often turn up on the rolling streets.

See the city's stately homes on a **Lexington Carriage Company tour** with a pint of black raspberry from **Sweet Things Ice Cream Shoppe** in your hand.

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Eat

The River and Rail Restaurant

2201 Crystal Spring Ave. S.W., Roanoke
RiverAndRail Restaurant.com
From a roast chicken that's anything but a backup option on the menu to the banana pudding our tour guide talked up the whole trip, executive chef Aaron Deal has a lot to be proud of at this modern eatery.

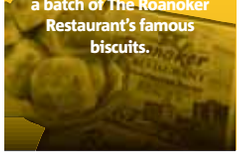
Visit **Metro.us** for more highlights from Virginia's Blue Ridge Valley.

PLUS

Go here

Roanoke

Far from a lost colony — it was developed as a railway hub after the Civil War — Roanoke's downtown hosts regular fairs that draw artists, farmers and crafters. After hours, let this city show you a good time; its biker bars, retro-chic nightclubs and restaurant patios with live music are filled with people burning the 2 a.m. oil. The next morning, soak up your hangover with a batch of The Roanoker Restaurant's famous biscuits.



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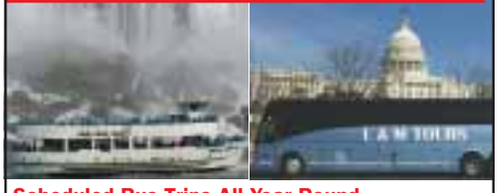

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Parents reveal shocking secrets

Confessions

- "I love my daughter, but it burns my soul that she isn't smart."
- "I'm the grandmother of eight. I adore five of them; I think two of them are little snots. I wish one of them wasn't even related to me."
- "I have a tendency to bad-mouth my ex-husband within earshot of my 4-year-old. This week, while he was with his dad, my son told him, 'You're worthless.' I chastised him but was secretly proud."
- "I snort my son's Ritalin."
- "I love my children more than my wife. But it hurts me that she loves the children more than me."
- "I'm raising an a—hole."

What's yours? A new Tumblr gives moms and dads a safe place to voice their fears.

Brooklyn mom Julia Fierro knows what you're thinking. As the creator of the Tumblr "Parenting Confessional," she's been privy to the inner thoughts of parents who wouldn't dare say what they're thinking out loud, but are willing to reveal their secrets anonymously. She's also the author of the new novel "Cutting Teeth," about a group of couples who go on vacation together with their young kids. Of course, these couples have secrets of their own.

Timed with the novel's release, Fierro started the Tumblr as a way for parents to share their parenting fears without worrying about being judged. Some of the messages are poignant, some are hilarious and some are sad. Here are just a sampling of the confessions.

STOCKBYTE

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

Scare tactics

"When my son is naughty, I threaten to phone The Doctor ('Doctor Who') or Sherlock Holmes. He's 3."

Anonymous

"My 6-year-old daughter has stolen my husband. He pays more attention to her than to me or our 13-year-old son. And I was the one who couldn't wait to have a little girl."

Bedtime barrier

"I often fall asleep with my daughter while putting her to bed so I don't have to talk to or sleep with my husband."

Confession: "Now I get why some animals eat their young."
BIG CHEESE PHOTO

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• My toenails are streaked, discolored, thickened.
• The side of my toenails dig into the skin and hurt.
• I have a large bump behind my big toe (or little toe) which is always red.
• I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
• My toes aren't straight - they are crooked, bent and hurt.
• I have painful calluses on the ball of my foot which keep building up.
• I have corns on my toes which get thicker no matter what shoe size I wear.
• The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
• I have cramps in my legs which always happen when I walk the same distance.
• My ankles are swollen most of the time.
• My feet are always dry and scaly - sometimes they itch.
• My feet just hurt all over when I stand or walk a lot.
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The best hot spots in the Hamptons for family fun

The Hamptons isn't just for grown-ups; here's a "LYSST" — list from me, Lyss — of fun activities to do with the kids.

Surf's up

If your little ones want to be surfers, make sure to check out Flying Point Surf School in Sag Harbor. They provide private lessons by appointment for every member of the family at various locations in the South Fork.

Looking for a gorgeous child-friendly beach? Take the kids to Coopers Beach in Southampton, which was named the best beach in the U.S. There is a concession stand and miles and miles of beautiful sand. The kids will make new friends and mom and dad might even be able to catch a few waves together.

DivaLyssciously Yours

LYSS STERN

DivaMoms.com
@divamoms

Lyss Stern is a parenting expert and CEO of Divalysscious Moms, a marketing company catering to New York's most influential and trend-setting moms.

For exclusive commentary, visit Metro.us/blogs.

Shop for tots

Did you know that there is a new fabuLyss children's store that opened in East Hampton called Lullanest? Parents and children will go gaga for the curated merchandise in this serene 1,100-square-foot baby shop. They have everything, including the best strollers to the newest sun hats with UV sunscreen.

Take them for a deLysscious ice cream in the heart of East Hampton Village; Scoop du Jour serves up over 40 flavors of ice cream and yogurt.

Super sweet

Don't forget to purchase your tickets to Super Saturday 17. It is Ovarian Cancer Research Fund's (OCRF) fun-filled, family-oriented, daylong fundraiser, complete with a one-of-a-kind designer tag sale, kids' carnival and activities, a luxury raffle, gourmet treats and over 200 designers. For children at Super Saturday 17, there will be rides and games as well as arts and crafts galore. New to Super Saturday this year, "Stitched Fashion Camp" will give kids the chance to tap into their inner designer.

Camp DivaLysscious also has many new additions this summer as well, with kids' rock band Jam With Jamie, an interactive magic show, glitter tattoos, arts and crafts from the Craft Studio, Red Carpet Kids NYC and much more.

Kids have become such an integral part of Super Saturday as more and more families look forward to this amazing day. Why should the parents have all the fun, when there's face painting, a Ferris wheel, video games and shopping for an amazing cause.

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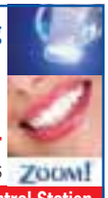
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Horoscope

♋ Cancer | June 21-July 22. You'll face opposition if you voice your opinion. There is someone in your circle who may have some helpful advice.

♌ Leo | July 23-Aug. 22. Social media or a vocational seminar could offer valuable insight regarding future job prospects. Think about what you're most interested in.

♍ Virgo | Aug. 23-Sept. 22. Physical activity will be challenging but rewarding. You can improve your self-image and make new friends.

♎ Libra | Sept. 23-Oct. 22. Give someone you are questioning the benefit of the doubt. An honest mistake is not worth the loss of a solid friendship.

♏ Scorpio | Oct. 23-Nov. 21. Make a point to learn something new. Whether you comb the Internet, join a discussion group or do some research at a library.

♐ Sagittarius | Nov. 22-Dec. 21. Although you may be inclined to do some shopping for your own enjoyment, this is not a good time to lend money or possessions to others.

♑ Capricorn | Dec. 22-Jan. 20. Don't give in to pressure. Make your decisions based on facts. Take your time and wait until you are absolutely sure.

♒ Aquarius | Jan. 21-Feb. 18. You may be tempted to get involved in an unusual activity. Don't let intrigue entice you to participate in a secret endeavor.

♓ Pisces | Feb. 19-March 20. The attention you offer a younger person will be appreciated. If you are patient and understanding, your compassion and caring will help you form a bond.

♈ Aries | March 21-April 20. Don't let an emotional situation ruin your day or a relationship with someone special. Honesty will help smooth things over.

♉ Taurus | April 21-May 21. There is someone you can't stop thinking about. Get in touch with your loved one and plan something special to satisfy your mood.

♊ Gemini | May 22-June 20. Be aware of a financial or professional opportunity that comes your way. Network with peers to discover career options.

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Sudoku: Easy and hard

	1				6	2		7
		2		1				
			9	2		1		
6							3	8
8		9	4		3	7		5
5	7							4
		5		7	8			
				9		8		
9		7	3				6	

9		4			7			6
	7	1			2	4		
8			4				1	5
			6					
7		8				3		2
					9			
3	8				5			4
		2	8			6	7	
1			2			8		3

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Obama to blame

Re: 'Have a heart' (Metro, July 21) Letter writer Annie Ferris is of the opinion that those who oppose the thousands of unaccompanied children coming across the border illegally being allowed to become citizens have "hardened hearts." These kids have done nothing wrong, they only listened to their parents, but that is not an excuse to allow them to stay. Guatemala has always been poor and violent. The reason they are coming is because President Obama is indecisive and the media in Central America is telling their citizens now is best time to send your kids to America. We never had this problem under any other president because every other president knew how to make tough decisions other than which fundraiser to attend. KEVIN METZ, VIA EMAIL

Garner will be missed

James Garner was a fine actor on stage, screen and television. I enjoyed the "Maverick" TV series and in particular the 1959 episode, "The Strange Journey of Jenny Hill" in which Peggy King co-starred. A solid actor who was at his best in any role, comedy or drama, James Garner did it all. He will be missed.
HERB STARK, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

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Crossword

Across
1 Pallid
6 Wears well
11 Electric swimmer
14 According to -—
15 House of snow
16 151, to Ovid
17 Grant money for
18 Waterproof canvas
20 Dugout VIP
21 Physicist Niels—
23 Babble
24 Heard the alarm
26 Aimed
28 Benefactors
30 Shoe parts
31 Light bulb filler
32 Bread pro
33 Gangster's gun
36 Must have
37 Overfeeds
38 Corleone patriarch
39 Mauna —
40 Well site
41 Golden Anniversary number
42 Road flare
43 Long break
44 Prairie wolves
47 Capsizes, with "over"
48 A means to — —
49 Cat calls
50 Step on it
53 Chili ingredient (2 wds.)
56 Cel characters
58 Compost
59 Hurdy-gurdy
60 Humane org.
61 Literary collection
62 Spacious
63 Raw fish dish

Down
1 Attention-getter
2 Tune
3 Flowering shrub
4 "Xanadu" grp.
5 Very young
6 Agile
7 Culture dish goo
8 35mm camera
9 Summit
10 Sudsier
11 Brilliance
12 The cream
13 Like a gridiron
19 Impressive vases
22 Approves
25 Boards
26 Nudges
27 Corrida shouts
28 Boone, informally
29 Black-and-white snack
30 Erik the composer
32 Headquarters
33 Souvenir sellers (2 wds.)
34 One of the Near Islands
35 Fiddles with
37 Business encl.
38 Perfume holder
40 Alfresco
41 Pinata occasions
42 Arial or Helvetica
43 Chop down
44 "Lost Horizon" director
45 Leek cousin
46 Gossip
47 Loggins or Rogers
49 Lady's honorific
51 Edge
52 Morales of "La Bamba"
54 Certain sib
55 "I" trouble
57 Columbus sch.

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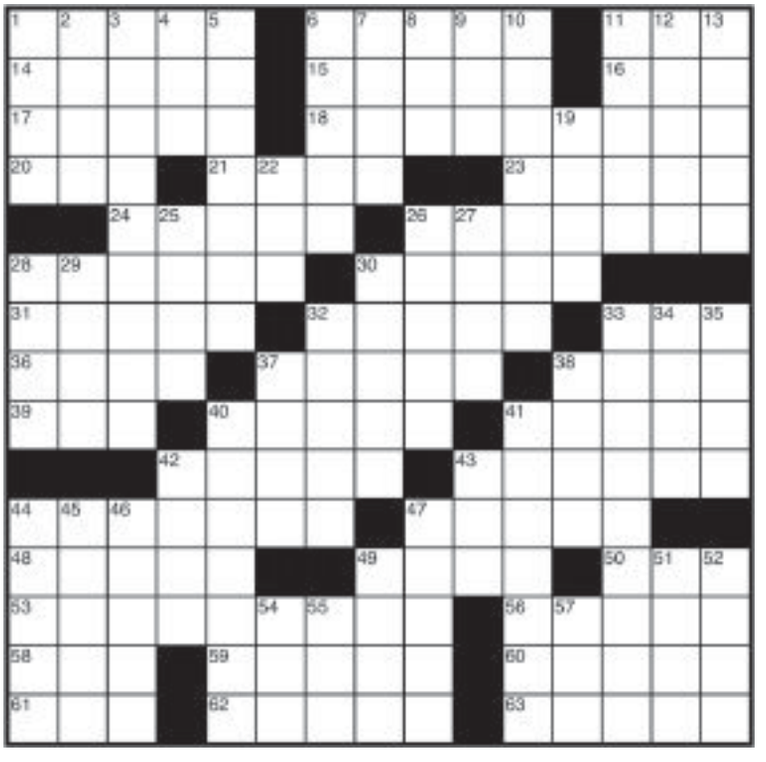

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3 SPORTS

More issues

Teixeira out with back pain

Mark Teixeira was out of the lineup last night against Texas and will be out at least three or four days after an MRI on Sunday showed a Grade 1 lat strain on the left side of his back. Teixeira said he was suffering back spasms before the All-Star break and the injury worsened with the time off.

Ray, Lance and Little Red are three of the dogs rescued from Bad Newz Kennels who were rehabilitated and adopted. / PROVIDED BY BEST FRIENDS ANIMAL SOCIETY

'Vicktory dogs' travel road to rehabilitation

NFL. Seven years after being rescued from Bad Newz Kennels, dozens of dogs have a new life.

Little Red has spent the last three years living in a home in Laramie, Wyoming, free to roam a yard and play in the snow. It's a long journey from where the pit bull terrier was raised, in the cages of Bad Newz Kennels, owned by quarterback Michael Vick.

Of the dozens of dogs groomed by Bad Newz Kennels, 48 were rescued and 22 of the pit bull terriers have emerged at an organization called Best Friends Animal Society. The "Vicktory Dogs," as they're known, are still dealing with the fallout from being raised to fight.

Vick, who signed with the Jets this offseason and will report to camp later this week, continues to deal with the fallout as well. He's spent the three years since he was released from prison doing charitable work for various animal causes.

Little Red is very much like the other pit bull terriers rescued from Vick's kennel. Now 11 years old, and seven years removed from her time at Bad Newz Kennels, Little Red suffers from post-traumatic stress disorder, directly linked to her upbringing, says owner Susan Weidel.

"She tends to live in the moment, but her past still haunts her. She still has fears when she encounters new situations and feels threatened, but she is never aggressive. She simply retreats deep into herself," Weidel said. "Bad Newz Kennels tried to make Little Red mean. They were not successful. She does not have a mean or aggressive bone in her little body. Other dogs are her solace and she will live her remaining days with her canine siblings in a loving home with the peace and quiet she deserves in order to feel safe and to heal."

Because of her upbringing, Little Red suffers babesia, an autoimmune disease passed on by contact with blood, a disease that is not uncommon among fighting dogs. Medication can cost several thousand dollars a month. But 13 of the Vicktory Dogs have been rehabilitated and adopted.

"Each dog was evaluated, and based on their needs, an individual 'life plan' was developed which included training and enrichment to provide them not only a great life at the sanctuary but to help them get ready to be adopted," said Eric Rayvid, senior public relations manager, Best Friends Animal Society.

The publicity of the Vick case led to similar investigations throughout the country. George Bjornson adopted Mel after she was rescued in a dogfighting raid in Missouri.

"She is alive because of … the other Vicktory Dogs," Bjornson said. "The Missouri 500 were the first group not killed because of the Vicktory Dogs."

KRISTIAN DYER
@KristianRDyer
sports@metro.us

Long memory

Protests could crop up as Jets open camp

Michael Vick has faced a handful of protests as recently as this spring. Thousands turned out at an appearance in North Carolina in February.

A petition was started on change.org in March after the Jets signed Vick, hoping SUNY-Cortland president Erik Bitterbaum would ban Vick from campus. The petition received 26,678 signatures, but Vick will be at camp when it opens Friday.

There haven't been any reports of large-scale protests planned in Cortland, New York.

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Visit **Metro.us** to see a slideshow of some of the dogs who were rescued.

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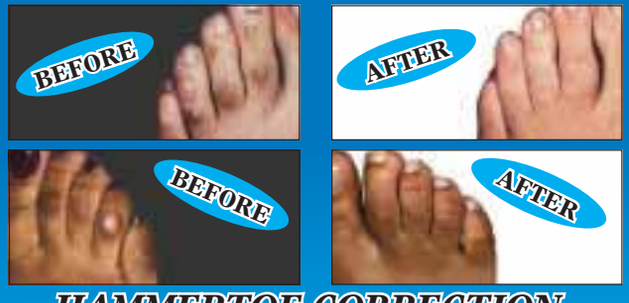

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5 Giants to watch at training camp

NFL. Metro breaks down the players you should be watching as camp opens Tuesday.

The Giants are coming off a humbling 7-9 campaign last season. But after an 0-6 start, the team finished 7-3, giving them hope heading into the 2014 season.

Star players such as Justin Tuck, Hakeem Nicks and now Chris Snee will be gone for the first time in many years.

Metro takes a look at five players who will be on everyone's mind when training camp gets underway.

MARK OSBORNE
@MetroNYSports
mark.osborne@metro.us

1 Weston Richburg

OK, so no one got especially excited about the Giants using a second-round pick on a center from Colorado State.

But he was roundly praised at the time of the selection, and he's now going to play a pivotal role in training camp.

He'll already be battling it out with veteran J.D. Walton for the starting spot at center — replacing the departed David Baas — and he could be a contender at right guard in place of the retired Chris Snee as well.

BECKHAM RAN A BLAZING 4.38-SECOND 40-YARD DASH AT THE COMBINE THIS YEAR.

ALL PHOTOS GETTY IMAGES

2 Odell Beckham

The Giants drafted a wide receiver with their first-round pick for just the second time in the last dozen years. Coincidentally, it is the other selection — Hakeem Nicks — who Beckham will be most tasked with replacing.

Nicks signed for big money in Indianapolis and the Giants went with Beckham over free agents like Eric Decker or DeSean Jackson to rebuild their receiving corps.

Beckham should be a highlight reel waiting to happen and could contribute on special teams immediately.

3 Stevie Brown

It's been almost a year since anyone has seen Brown play in a competitive game. And yet, due to the suspension and then release of Will Hill, Brown is almost assured of starting in 2014.

Fellow safety Antrel Rolle likely had his best season as a Giant with Brown out for the entire season with a torn ACL. If Rolle sustains that form, and Brown is close to what he was as a starter in 2012, the Giants have one of the better safety tandems in the league.

If not, there's almost no depth behind Brown. Quintin Demps and Cooper Taylor are the other options.

BEATTY AND THE GIANTS GAVE UP 40 SACKS IN 2013.

4 Will Beatty

What happened to this guy last season?

The Giants signed Beatty to a five-year, $38.75 million contract last offseason to secure Eli Manning's blind side for years to come. Instead, he was a disaster during the season, and nothing like the year before.

He's dealt with a multitude of injuries, including surgery on a broken leg this offseason, and needs to find his previous form.

5 David Wilson

Wilson tweeted on Monday he had been cleared for all contact as training camp gets underway. The news must have thrilled the Giants.

Wilson underwent neck surgery in the offseason, an injury which cost him most of 2013, and had not taken part in any of the minicamps the Giants held. In fact, he expected to be ready to take part in contact drills last time out, but was not cleared as he had been hoping.

Wilson has been a mercurial talent for the Giants since being drafted at the end of the first round in 2012. There's no question he has the most impressive physical gifts of anyone in the backfield — maybe the whole roster — but he hasn't been able to stay healthy or hold onto the ball. His fumble on the second carry of his career put him in Tom Coughlin's doghouse until he broke out late in 2012 as a possible star back and returner. But he lost two fumbles in the 2013 season opener, too.

Wilson now needs to show he is healthy enough to step up and replace the departed Andre Brown. The Giants' run game was a disaster after Wilson went down.

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NOTICE IS HEREBY GIVEN that a license, Number 1279458 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 77-05A 37th Avenue, Jackson Heights, NY 11372 for on premise consumption. Okawa Japanese Restaurant Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1279625 for On-Premise Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 161-19 Crocheron Ave., Flushing, NY for on-premise consumption. Something 1 Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 1279568 for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 279 Church St. New York, NY 10013. New York County, for on-premise consumption. Baked Church Street LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1277977 has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Bar under the Alcoholic Beverage Control Law at 486 Metropolitan Ave, Brooklyn NY 11211, for on-premises consumption. Stella Mae Brooklyn LLC

NOTICE IS HEREBY GIVEN that a license, Serial # 1279575 for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 340 Bedford Ave. Brooklyn, NY 11211. Kings County, for on-premise consumption. Wild NY LLC.

Legal Notices

Notice of Formation of LJL Interiors LLC Arts of Org. filed with Secy. of State of NY (SSNY) on March 31, 2014. Office location: New York County SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: Any lawful activity.

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NOTICE IS HEREBY GIVEN that a license, Number 1279561 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 253 W. 26th Street, New York, NY 10001 for on-premise consumption. Anai Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1279571 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 118 W. 3rd Street, New York, NY 10012 for on-premise consumption. Miyabi Sushi Japanese Restaurant NY Inc

NOTICE IS HEREBY GIVEN that a license, Number Pending for Liquor & Wine has been applied for by the undersigned to sell Liquor & Wine at retail in a Bar Restaurant under the Alcoholic Beverage Control Law at 92-03 37th Ave., Jackson Heights, NY 11372 for on-premise consumption. Bar Restaurant La Ruana Paisa Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 1279139 for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 182 2nd Ave., New York, NY 10003. New York County, for on-premise consumption. Peprico Inc

NOTICE IS HEREBY GIVEN that a license, Number TBA for Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 4610 Center Blvd., Long Island City, NY 11109 for on-premise consumption. RBT Restaurant LLC.

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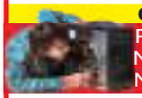

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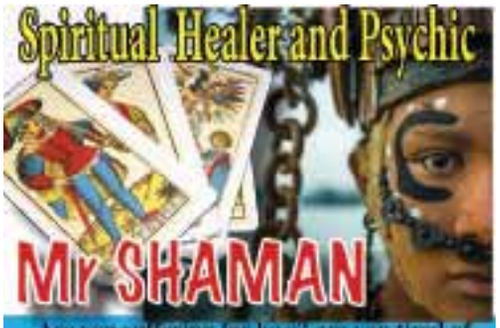

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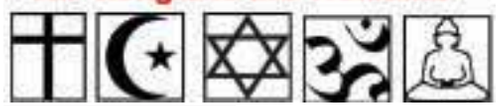

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